

4th Grade

The Always Changing® and Growing Up Program

Boys- <https://www.youtube.com/watch?v=G57Suq7JpQE>

Girls- <https://www.youtube.com/watch?v=OR1XJZ0xRSo>

This program helps both boys and girls:

- Understand the physical and emotional changes they experience during puberty, and acknowledge these changes as a normal part of growth and development.
- Learn the physiology of their bodies and correct terminology for parts of the reproductive system.
- Understand that personal hygiene is each individual's responsibility.

In addition, the program helps girls:

- Understand the menstrual cycle.
- Understand what to expect during a period.
- Learn how to manage periods while continuing with normal activities.

The program is video based and the class is separated and will only discuss topics pertaining to them and this also allows the students to feel comfortable when discussing the topic. Students are encouraged to ask questions but only questions that pertain to the topic will be discussed. No reproductive education is discussed in 4th grade.

7th Grade

Using our text we talk about Reproductive System

Topics discussed

- Changes during Puberty both male and female; physically, mentally and emotionally.
- Male Reproductive system- male diagram shown: terms used during this lesson (sperm, testes, semen, hernia), caring for the male reproductive system. The role of the male anatomy for the reproductive process.
- Female Reproductive system- female diagram shown: terms used fertilization, ovaries, uterus, ovulation, menstruation, gynecologist) caring for the female reproductive system. The role of the female anatomy for the reproductive process.
- Infant and Child Develop- this unit explains the growth of a cell to an infant.
- We watch the PBS movie *Life's Greatest Miracle*- refers to conception, growth and development and birth.
- Small Unit pertaining to Sexually Transmitted Infections and Sexually Transmitted Diseases with images- Chlamydia, Gonorrhea, Syphilis, Human Papillomavirus Infection, Herpes Simplex Virus 1, Herpes Simplex Virus 2, Human Immunodeficiency Virus and Acquired Immunodeficiency Syndrome.
- Abstinence and its importance. Discussion over individual's futures and the aspect of how that can change with caring for a child.